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SHEGROUP
SAFETY, HEALTH & ENVIRONMENT

ABN 80 902 952 302
www.shegroup.com.au

HLTAID013 PROVIDE FIRST AID IN REMOTE OR ISOLATED SITE

SHE Group (Safety Health and Environment) is a privately owned and operated business based in Brisbane, Queensland. We specialise in quality education and training, first aid supplies and WHS contracting services to Australian workplaces. Our priority is to deliver professional, affordable and engaged onsite consulting services to our community. SHE Group is a third-party provider delivering nationally recognised training and assessment in WHS and First Aid courses on behalf of Allens Training Pty Ltd RTO 90909.

Providing a lifesaving first aid response in a remote or isolated site where medical assistance may be delayed, or evacuation is required specific instruction and practical training.

The course teaches preparation for first aid emergencies based on the site and in line with legal and workplace requirements, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

You will learn to assess a casualty, provide safety, contact and relay initial and concise information to assist emergency services to your location, undertake triage for multiple casualties and provide ongoing care. Instruction on basic first aid and CPR will be provided, as well as treatments specific to remote conditions, such as hypothermia or hyperthermia, head, neck, and spinal injuries, using tourniquets and haemostatic dressings for life-threatening bleeding, and managing a casualty in shock.

The course covers completing incident documentation and debriefing, recognising areas for improvement, psychological impacts, the potential need for stress management and support, and seeking help as required.

Unit Delivered:

The following units will be included in your certificate:

- HLTAID013 - Provide First Aid in remote or isolated site
- HLTAID009 - Provide cardiopulmonary resuscitation
- HLTAID011 - Provide First Aid
- HLTAID010 - Provide basic emergency life support

Course Delivery: This course can be delivered/assessed in the workplace or at an organised facility by SHE Group.

Learner Rights, Responsibilities & Support

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website [Student Handbook](#) for all details relating to rights and responsibilities, including complaints and appeals.



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ENTRY REQUIREMENTS

Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor and performing rescue breathing techniques on manikins.

Pre-course study:

Students may be required to undertake online pre-course work prior to attending the face-to-face session, depending on the course delivery mode.

Online study:

Students **must** have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online / pre-course studies.

COURSE DURATION

Course durations can vary for multiple reasons, so the durations below are the **minimum possible amount**.

Refresher Face to Face contact time of at least	16 Hours
Online with face-to-face assessment Face to Face contact time of at least	6 Hours

Assessment Activities

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the following sections.

Assessments conducted during a face-to-face training session(s) include:

Practical scenarios and performance tasks:

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Complete a first aid incident report form based on the simulated first aid scenario
- Perform CPR on an infant
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning
- Manage a casualty with a nosebleed
- Manage a casualty with a fracture and dislocation
- Manage a casualty with a sprain and strain
- Manage a casualty with envenomation (snake/ funnel-web spider bite)
- Manage a casualty with hyperthermia
- Simulated scenario – First aid response in a remote site (plan and prepare for a remote trip, conduct a basic triage, coordinate an evacuation)
- Complete a planning and equipment checklist



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Theory Assessment:

A written assessment consisting of multiple-choice and short-answer questions.

CERTIFICATE RENEWAL REQUIREMENTS

This certificate has an industry-recommended renewal period of 36 months.

FURTHER INFORMATION

In addition, SHE Group provides work health and safety information, products, and consulting services. Our passionate, dedicated, and experienced facilitators and partners have years of experience in pre-hospital care and first-response environments.

If you are looking for group training, please email us for a quote or additional information today.