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SHEGROUP
SAFETY, HEALTH & ENVIRONMENT

ABN 80 902 952 302
www.shegroup.com.au

HLTAID010 PROVIDE BASIC EMERGENCY LIFE SUPPORT

SHE Group (Safety Health and Environment) is a privately owned and operated business based in Brisbane, Queensland. We specialise in quality education and training, first aid supplies and WHS contracting services to Australian workplaces. Our priority is to deliver professional, affordable and engaged onsite consulting services to our community. SHE Group is a third-party provider delivering nationally recognised training and assessment in WHS and First Aid courses on behalf of Allens Training Pty Ltd RTO 90909.

Having the skills, knowledge, and confidence to recognise and respond to life-threatening emergencies can save a person's life! In this course, you will learn these first aid skills in line with legal, workplace and community considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

The course covers assessing the casualty, providing safety, accessing emergency services, and using resources to provide first aid, such as providing CPR and using a defibrillator, administering an autoinjector for anaphylaxis, administering asthma medication, assisting someone choking, managing casualties with non-life-threatening bleeding and shock.

You will learn basic anatomy, physiology, the differences between adults, children and infants relating to CPR, and the importance of the chain of survival. Also, conveying accurate details when handing the casualty over to emergency services, reviewing an incident to improve own skills and response times, recognise psychological impacts from the incident, and seeking help as required.

Unit Delivered

The following unit will be awarded to successful participants in this course.

- HLTAID010 - Provide basic emergency life support
- HLTAID009 - Provide cardiopulmonary resuscitation

Course Delivery

This course can be delivered/assessed in the workplace or at a facility organised by SHE Group.

Learner Rights, Responsibilities & Support

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website [Student Handbook](#) for all details relating to rights and responsibilities, including complaints and appeals.



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ENTRY REQUIREMENTS

Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor and performing rescue breathing techniques on manikins.

Pre-course study:

Students may be required to undertake online pre-course work prior to attending the face-to-face session, depending on the course delivery mode.

Online study:

Students must have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online / pre-course studies.

COURSE DURATION

Course durations can vary for multiple reasons, so the durations below are the **minimum possible amount**.

- **Refresher** Face to Face contact time of at least **3 Hours**
- **Blended** Face to Face contact time of at least **3 Hours**
- **Face-to-Face** Face to Face contact time of at least **4 Hours**
- **Online with face-to-face assessment** Face to Face contact time of at least **35 Mins**

ASSESSMENT REQUIREMENTS

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. Assessments conducted during a face-to-face training session(s) include:

Assessment Activities

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Perform CPR on an infant
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock

Theory assessment:

A written assessment consisting of multiple-choice questions.

CERTIFICATE RENEWAL REQUIREMENTS

This certificate has an industry-recommended renewal period of 36 months.

Further Information

In addition, SHE Group provides work health and safety information, products, and consulting services. If you are looking for group training, please email us for a quote or additional information today.