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**SHEGROUP**  
SAFETY, HEALTH & ENVIRONMENT

ABN 80 902 952 302  
www.shegroup.com.au

## HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION

SHE Group (Safety Health and Environment) is a privately owned and operated business based in Brisbane, Queensland. We specialise in quality education and training, first aid supplies and WHS contracting services to Australian workplaces. Our priority is to deliver professional, affordable and engaged onsite consulting services to our community. SHE Group is a third-party provider delivering nationally recognised training and assessment in WHS and First Aid courses on behalf of Allens Training Pty Ltd RTO 90909.

Cardiac arrest is a medical emergency that can lead to death. Quick decision-making to recognise and assess a cardiac emergency, calling for medical assistance and performing CPR procedures will increase the chance of survival for a person who is unconscious and not breathing normally.

You will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions and what to do if the casualty regurgitates or vomits.

This course also covers handover procedures to emergency services, how to review an incident, recognise any psychological impacts on self and other rescuers, seek help if required and improve personal skills and response times.

### Unit Delivered

The following units will be included in your certificate:

HLTAID009 - Provide cardiopulmonary resuscitation

### Course Delivery

This course can be delivered/assessed in the workplace or at a facility organised by SHE Group.

### Learner Rights, Responsibilities & Support

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook on the RTO website [Student Handbook](#) for all details relating to rights and responsibilities, including complaints and appeals.



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## ENTRY REQUIREMENTS

Participants must have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor and performing rescue breathing techniques on manikins.

### Pre-course study:

Students may be required to undertake online pre-course work prior to attending the face-to-face session, depending on the course delivery mode.

### Online study:

Students **must** have access to a computer, smartphone, tablet, or other electronic devices with access to the internet to complete the online / pre-course studies.

## COURSE DURATION

This unit, HLTAID009, Provide cardiopulmonary resuscitation course durations can vary for multiple reasons, so the durations below are the **minimum possible amount**.

<b>Refresher</b> Face to Face contact time of at least	<b>1 Hour 30 Mins</b>
<b>Blended Face to Face</b> contact time of at least	<b>1 Hour 30 Mins</b>
<b>Face-to-Face</b> Face to Face contact time of at least	<b>2 Hours</b>
<b>Online with face-to-face assessment</b> Face to Face contact time of at least	<b>20 Mins</b>

## ASSESSMENT REQUIREMENTS

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. Assessments conducted during a face-to-face training session(s) include:

### Assessment Activities

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Perform CPR on an infant

### Theory assessment:

A written assessment consisting of multiple-choice questions.

## CERTIFICATE RENEWAL REQUIREMENTS

Certificates will require renewal after 12 months.

## FURTHER INFORMATION

In addition, SHE Group provides work health and safety information, products, and consulting services. If you are looking for group training, please email us for a quote or additional information today.