

## HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION



TRAINING AND ASSESSMENT DELIVERED ON BEHALF OF



SHE Group (Safety Health and Environment) is a privately owned and operated business based in Brisbane, Queensland. We specialise in quality education and training, first aid supplies and WHS contracting services to Australian workplaces. Our priority is to deliver professional, affordable, and engaged onsite consulting services to our community.

SHE Group is a third party provider delivering nationally recognised training and assessment in WHS and First Aid courses on behalf of Allens Training Pty Ltd RTO 90909.

### HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION

Cardiac arrest is a medical emergency that can lead to death. Quick decision making to recognise and assess a cardiac emergency, calling for medical assistance and performing CPR procedures will increase the chance of survival for a person who is unconscious and not breathing normally.

You will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions and what to do if the casualty regurgitates or vomits.

This course also covers handover procedures to emergency services, how to review an incident, how to recognise any psychological impacts on self and other rescuers, to seek help if required and for improvement of own personal skills and response times.

### UNIT

The following unit will be awarded to successful participants in this course.

- **HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION**

This unit **HLTAID009** Provide cardiopulmonary resuscitation **supersedes** the previous competency **HLTAID001** Provide cardiopulmonary resuscitation. *If you specifically need to complete HLTAID001 Provide cardiopulmonary resuscitation for any reason, please contact us to discuss your options.*

### ENTRY REQUIREMENTS

Participants **must** have the physical capacity to perform the practical demonstrations, such as 2 minutes of uninterrupted CPR on the floor.

### Pre-course study:

Students may be required to undertake online pre-course work prior to attending the face to face session depending on the course delivery mode.



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## Online study:

Students must have access to a computer, smartphone, tablet or other electronic devices with access to the internet to complete the online / pre-course studies.

## COURSE DURATION

- Refresher minimum duration 90 minutes
- Blended minimum duration 90 minutes
- Face to Face minimum duration 2 hours
- Online with Face to Face minimum duration 20 minutes

## ASSESSMENT REQUIREMENTS

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Assessments conducted during face-to-face training session(s) include: Performance tasks and practical scenarios:

### Simulated First Aid Scenario:

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Perform CPR on an infant.

### Theory assessment:

A written assessment consisting of multiple-choice questions.

## CERTIFICATE RENEWAL REQUIREMENTS

- Certificates will require renewal after 12 months.

## COURSE INFORMATION:

- [HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION](#)
- [Student Handbook](#)

## FURTHER INFORMATION

In addition, SHE Group provides work health and safety information, products and consulting services. Our passionate, dedicated and experienced facilitators and partners have years of experience in pre-hospital care and first response environments.

*If you are looking for group training, please email us for a quote or additional information today.*