



HLTAID001 PROVIDE CARDIOPULMONARY RESUSCITATION (CPR)

SHE Group (Safety Health and Environment) is a proud third party provider delivering nationally recognised training and assessment in WHS and First Aid on behalf of Allens Training Pty Ltd RTO 90909. SHE Group is located in Brisbane, Queensland and Brigitte Hilton is our Principal Trainer and Consultant.

HLTAID001 PROVIDE CARDIOPULMONARY RESUSCITATION (CPR)

This course teaches the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This course is developed for existing workers in the industry who may require CPR training as recommended by the Australian resuscitation council (ARC).

The use of an AED (Defibrillator) is also included in this course. Response time to defibrillation is a key factor that influences a person's chance of survival when suffering a cardiac arrest.

ASSESSMENT REQUIREMENTS:

It is a Training Package requirement of this course that you are physically capable of performing uninterrupted CPR for at least 2 minutes on a CPR manikin placed on the floor.

AWARD ISSUED:

Students who successfully complete this nationally recognised training will be awarded the statement of attainment for HLTAID001 Provide Cardiopulmonary Resuscitation. This statement of attainment will be issued by Allens Training Pty Ltd RTO 90909.

COURSE DURATION:

INITIAL COURSE:

- Face to Face: 3 hours (training and assessment)
- Blended Delivery: 2 hours + 1 hours pre-course study

REFRESHER COURSE:

- Face to Face: 2 hours (training and assessment)
- Blended Delivery: 2 hours + 1 hours pre-course study

EXCEPTIONS FOR DURATION OF THE COURSE

Course durations are reflective of group sizes of between 4 and 15 students. If there are less students in a group, you may find course duration reduced by a maximum of 10%. If a class size exceeds 15 students, it may therefore also be necessary to increase course duration depending on the number of students.

RE CERTIFICATION REQUIREMENTS:

It is recommended this unit be renewed every 12 months in line with industry standards.

PRE COURSE STUDY OPTIONS:

If there is pre-course study for the course, it is found in the student portal. Students must have access to a computer, phone, tablet etc. with access to the internet to complete the pre-course study online. The pre course study includes a short self-assessment knowledge quiz. You must take the completed paper with you to the training course.

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COURSE INFORMATION:

- [HLTAID001 PROVIDE CARDIOPULMONARY RESUSCITATION \(CPR\)](#)
- [Student Handbook](#)

SHE GROUP INFORMATION

In addition, SHE Group provides work health and safety information, products and consulting services. Our passionate, dedicated and experienced facilitators have years of experience in pre-hospital care and first response environments.

COURSE LOCATION:

This course will be delivered in the workplace or at a SHE Group facility.

PAYMENT TERM:

Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and SHE Group.

ASSESSMENT ACTIVITIES/REQUIREMENTS:

Assessments conducted during face to face training session(s) include both practical tasks/scenarios and written theory assessments.

CONTACT US FOR FURTHER INFORMATION TODAY.

SHE Group (Safety Health and Environment) Business Consultants.

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